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(71)Applicant : SUNTORY LTD

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(54) ANTI-STRESSOR

(57)Abstract:

PURPOSE: To provide a medicine capable of preventing or mitigating the mental and physical diseases due to stress, containing, as active ingredient, L-theanine, a glutamic acid derivative found in tea leaves, also the chief component for the deliciousness of the tea leaves.

CONSTITUTION: The objective anti-stressor containing, as active ingredient,